

OCTOBER 2007 - HERE'S TO YOUR HEALTH!

Very few of my clients know that I was diagnosed with a high prostate count about 2 years ago. In fact, very few of my friends know either, as I've never been one to tell everyone about my health issues, preferring to keep them to myself.

So why am I telling everyone now? Because something happened that worked so well for me, I decided to share it with others. Let me tell you a bit more of the route I took to manage the problem and you'll see why.

As I believe in the power of my subconscious, I declined to go the traditional medical route and have been working on lowering my PSA levels naturally ever since. I tried goji berries, selenium, nomi juice, aloe vera, wheat grass... You name it; I took it - with varying levels of success.

In mid 2006 I began seeing a different naturopath, who put me on hefty amounts of selenium and apricot kernels. Again, it made some difference, but not enough to satisfy me.

Then, just after I'd had my latest blood test to monitor the PSA count, I was introduced to mangosteen juice. Even though I thought it would probably turn out to be yet another non-starter, I decided to try it.

Two months later, when I went for my routine blood test, I was amazed - and delighted - to see that my PSA had dropped by more points than it ever had before! In fact, it was a considerable enough drop to make the doctor take notice and ask for more information on the product!

The benefits didn't stop there either. Spots on my chest that simply wouldn't clear up have dried up. I also have much more energy ... and I mean MUCH more.

I did the Brisbane to Gold Coast bike ride last Sunday - that's 104 kms and 5½ hours of pedaling! Usually, after that sort of effort, I would be useless the following day. To my surprise, I had just as much energy and no stiff muscles when I woke up the next morning. I couldn't believe it!

So, I feel compelled to tell you about XanGo Juice. After all, a healthy body complements a healthy mind :-)

What you do with what you're just read is entirely up to you. But if you want to find out more, email me on roland@rolandjameshypnosis.com.au It may just perform wonders for you as well!

Till then
Roland James

